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A Bowie boom in fashion



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Pay for child care, or quit work?

Finances. Calgary mom says she'd be netting \$5 a day if she stayed at work and put her son in daycare

JENNIFER FRIESEN
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When Luke David began kindergarten last fall, his mother Tabitha wasn't just worried about him shedding tears; she was worried about where he would go at noon.

Tabitha has been struggling to find care for her four children for almost 10 years. While she worked, three of her children were safe at school, but Luke's kindergarten class lasted only the morning.

She looked for local child-care options, but the rates proved to be too much.

This week, Metro contacted 13 daycares across Calgary to inquire about full-time daycare costs for a two-year-old. Prices ranged from \$815 to \$1,700 per month, with an average of \$1,263.

Of those 13 daycares con-

tacted, only four had space available for a toddler.

Two weeks ago, Tabitha opted to quit her construction and cleaning job to care for Luke after her babysitter moved away. She was making about \$80 per day and couldn't afford the \$75 daily rate at the daycare nearby.

you're trying to have a baby, get your name on the wait list,' even if you're not pregnant," she said.

PIA surveyed the child-care providers in Alberta last November and found 63 per cent of Alberta operations have a wait list. The wait-list rate stood at 71 per

cent in Calgary.

Hrdlicka and David joined a panel this week called Let's Talk Calgary Childcare with the Women's Centre to discuss the issue. Hrdlicka said the province needs a comprehensive strategy and wants "all national parties to make affordable child care a platform issue" in the next election.

"We don't have a child-care system, we have a market in child care," she said. "It's becoming more and more about making a profit than about taking care of the needs of our children."

Quoted
"I've had child-care providers say, 'As soon as you're trying to have a baby, get your name on the wait list,' even if you're not pregnant."

Julie Hrdlicka of Public Interest Alberta



Tabitha David, left, has struggled to care for her four children Khedit, 9, Nyakim, 14, Luke, 5, and Thow, 12, for the past decade. She recently had to quit her job to care for Luke once child care became too expensive. JENNIFER FRIESEN/FOR METRO

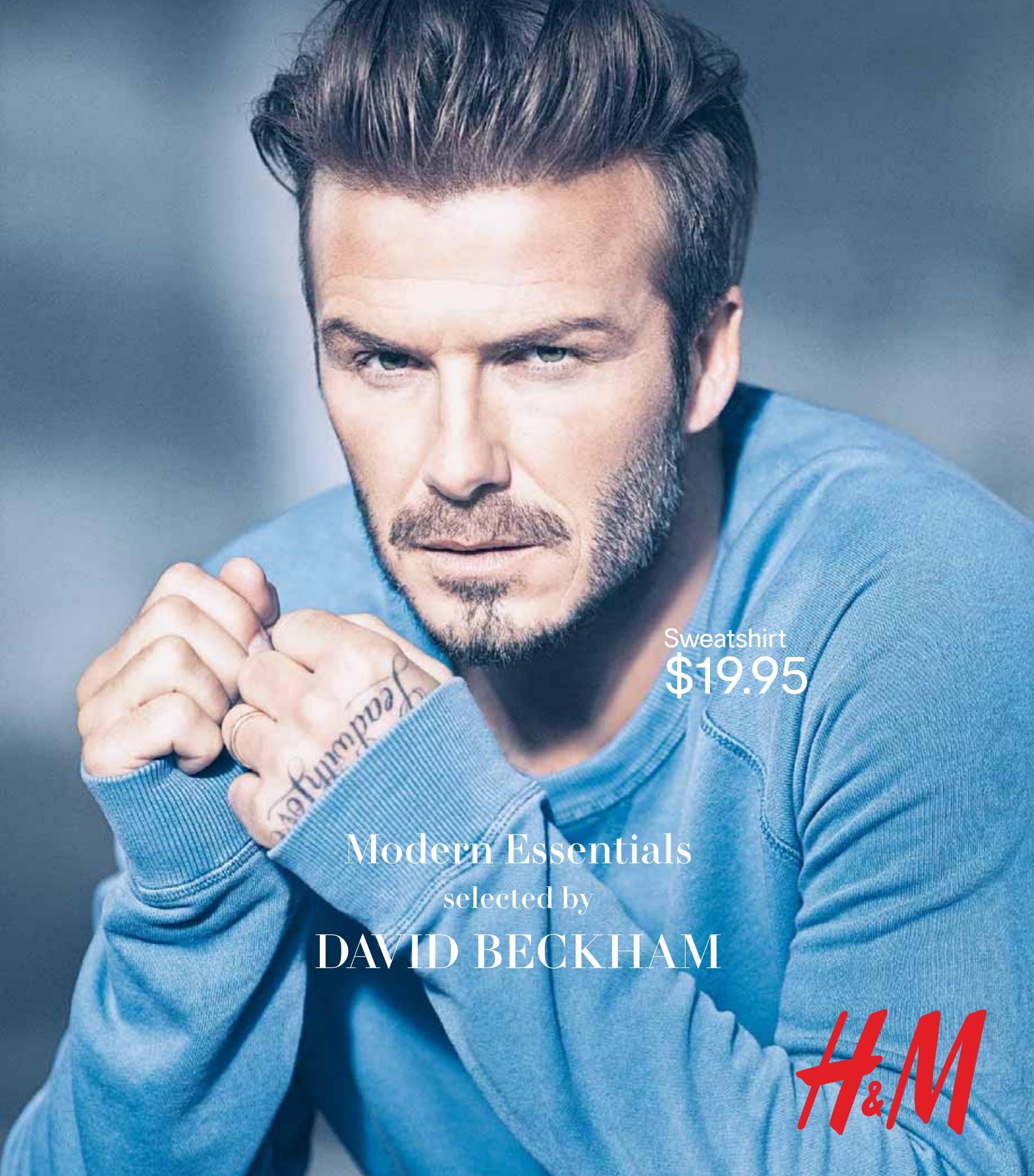


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MRU. Province mum on tuition hike

Alberta's post-secondary ministry is standing behind plans to hike student services fees at Calgary's Mount Royal University.

But Craig Loewen, press secretary for Advanced Education Minister Donald Scott, wouldn't delve Wednesday into whether an apparent request for a blanket tuition increase at the school would be approved.

"Mount Royal, like all publicly funded institutions in Campus Alberta, is board-governed and independent, with the mandate to manage their finances appropriately," Loewen said in a statement. "We have confidence the MRU board can and is allocating funding in a manner that is fiscally prudent and in the best interests of both the staff and students."

On Tuesday, Metro revealed that Mount Royal's board of governors approved a 65 per cent hike to its students services fee, which was first introduced amid budget struggles in 2013. Full-time students will now pay \$200 per semester and part-timers will pay \$100.

But the university's administration declined a request Wednesday to delve into what the students' association president described as a push for a \$50 across-the-board tuition increase. Mount Royal has been approved by the province for program-specific increases this fall in business administration (\$150 per course), nursing (\$100 per course) and science (\$50 per course), but the school's board of governors has yet to sign off on those and favours a blanket hike, said students' association president Erik Queenan.

JEREMY NOLAIS/METRO

Calgarians willing to pay for better parks: Report

ImagineParks. Council approves outline for city green spaces after hearing from supporters and those with concerns



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Calgarians want more park space and expanded amenities within their parks — everything from BMX trails to boat rentals to Wi-Fi access — and they're willing to pay for it through increased taxes, according to a new 30-year plan for city green spaces.

Councillors gave approval in principle Wednesday to a document called "imagineParks," which outlines the long-term "vision" for city green spaces, after hearing from both supporters of the plan and those who had concerns.

Beverly Jarvis with the Urban Development Institute (UDI) Calgary fell into the latter group.

"UDI Calgary is not here today to poke a stick in the spokes of imagineParks, but we do ask that the financial implications be considered in concert with the high-level visioning," she cautioned councillors.

Numerous other elements within the plan could come with "associated capital costs which would ultimately be transferred to homeowners," Jarvis said.

Heather MacLean, who leads a parks planning and policy team, said the city



Parks planning lead Heather MacLean said Calgarians envision city parks with more amenities, including cross-country ski and BMX bike trails, bike and boat rentals, skateboard parks, rooftop parks, Wi-Fi access, solar lighting and increased connectivity. IMAGE FROM IMAGINEPARKS DOCUMENT

conducted extensive consultations and commissioned a phone survey through Leger Marketing before devising the plan.

The report itself states: "When asked, most citizens favoured increased taxes to maintain or expand parks, rather than service cuts."

Jarvis, however, noted the questions about taxes came not through the phone survey but through the less statistically representative process of public consultations.

"The telephone survey does not actually deal with as-

sociated costs with the parks concepts and who would pay for those," she said.

Parks director Anne Charlton said "some people were talking about finance" during the consultations but "there were varying levels of interest" in a variety of topics.

The imagineParks document is more about looking at things from the "30,000-foot level" and the "details" surrounding costs can be addressed through the city's annual budgeting process, Charlton added.

Selected survey results

- **93 per cent** agreed that "the city's parks and open spaces will significantly contribute to the next generation of Calgarians' overall quality of life."
- **78 per cent** were "willing to volunteer occasionally" to help maintain parks.
- **60 per cent** said they "would prefer to see more natural open spaces."

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1
NEWS

People of all walks killed by PMMA, study finds

Dangerous drugs.

Doctors believe numerous substances were in pills ingested by victims



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Patients who ingested a toxic substance known as PMMA at the height of an Alberta health crisis arrived at emergency rooms with their hearts beating at two to three times the normal rate, severe fevers and extremely low blood pressure.

In some cases they didn't make it to the hospital at all.

"It would basically be like putting on several layers of clothes and going and exercising in Phoenix in the summertime," said Dr. Mark Yarema, an emergency-room physician and the medical director for the Poison and Drug Information Service, when asked what one the bodies of PMMA

patients were experiencing.

A new report, on which Yarema served as a co-author, analyzed the deaths of 27 people — 20 in Alberta and seven in B.C. — who died after ingesting the toxic drug between June 2011 and April 2012.

The situation was unprecedented as health officials had the means to test for the toxic substance, generally being marketed as ecstasy and sold in pill format, for nearly three decades but had never had any documented cases.

Hundreds, if not thousands, turned up at hospitals in Calgary and elsewhere suffering from side effects of the drug.

Of the 27 that died, the study reports their ages ranged between 14 and 52, and 22 of the victims were men.

Ten of the victims were pronounced dead where they were found by emergency responders, 10 died in emergency rooms and seven died after being admitted to a hospital intensive care unit.

PMMA's effects

Median vital signs of PMMA victims arriving at hospital:

- Heart rate: 160 (normal is between 60-70)
- Blood pressure: 89/43 (normal is 110/70)
- Temperature: 39.4 C (normal is 36 C)

"No one is immune to the effects of these drugs," said Dr. Jennifer Nicol, also an emergency physician and lead author of the study.

"As we see in this study, we had patients of all ages and both sexes and very small and very large doses."

The study also reinforces long-standing claims from police and health-care workers alike that street drugs pose dangers for users because there are no controls on



SAIT student Cody Gorlick, 23, was among 27 people who died after ingesting PMMA between 2011 and 2012. METRO FILE

what's actually being sold.

Toxicology workups on the 27 victims found some had PMMA, MDMA (ecstasy), as well other amphetamines and cocaine in their system — it's believed all came from pills

being consumed by users who generally believed them to be purely ecstasy.

To see the full study, head to metronews.ca/calgary



Crime

Suspect sought in City Hall LRT station stabbing

Calgary police are seeking the public's help in locating a man believed responsible for a random stabbing on an LRT platform early Tuesday.

At approximately 4:40 a.m., a man in his 50s was standing on the eastbound platform at City Hall LRT station when he was approached by a stranger. The two got into a verbal argument and the man waiting for the LRT was stabbed.

He remains in serious but stable condition.

The suspect is described as a Caucasian male in his 40s, who stands approximately five-foot-seven, weighs about 200 pounds and is clean shaven. He was wearing a dark-coloured toque, green jacket, blue jeans and beige boots. METRO



Police are looking to identify this man. COURTESY CALGARY POLICE

Fentanyl, heroin seizures spiking across Alberta



Heroin was among the drugs seized in the largest bust in Western Canada's history last July. METRO FILE

Alberta law-enforcement investigators have seized 14,000 pills containing the deadly painkiller fentanyl over the past 10 months and are also seeing a rise in heroin cases.

Use of the two drugs is believed to be surging in the wake of a move to take OxyContin off the market and replace it with a similar substance that can't be properly crushed and

ingested.

"It's province, if not Canada-wide, that we're starting to see that," said Staff Sgt. Rod Klassen with the Alberta Law Enforcement Response Teams (ALERT) when asked about the rise. "It feeds their (users') addictions. It's usually a cocktail of drugs — they will use cocaine and then to come down off the cocaine, they will use an

opiate like fentanyl."

The increase in heroin seizures between 2013-14 and through the first 10 months of 2014-15 was a staggering 3,150 per cent, but 16,000 of the 16,517 grams seized came from a single record bust. The heroin taken off Alberta streets over that time period amounts to more than \$5.8 million.

The fentanyl increase is

even more drastic, given that prior to last April there had been no recorded busts. Klassen said unsuspecting users don't know the harm they're putting themselves in.

"It takes about five milligrams of fentanyl to equal about what an (80 milligram) dose of Oxy would be," he said.

The most recent fentanyl case saw 301 pills as well as

other drugs, firearms, ammunition and cash seized from a north Lethbridge home Feb. 26.

The investigation targeted three Lethbridge men suspected of dealing the dangerous pills. Grant Lamane, 24, Lawrence Kreutz, 21, and William Paksi, 23, were arrested and charged with a total of 20 drugs and weapons offences.

JEREMY NOLAIS/METRO

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Calgary Wishing Well sculpture gets not-so-flattering award nod

Public Art. \$559,000

sculpture that burned a hole in a woman's coat sits idly in storage as it's nominated for 'waste of money' award

A small headshot of a woman with dark hair and glasses, identified as Helen Pike.

Reflecting on public art has stirred up heated debates among Calgarians recently, but when it comes to reflections and refractions, the Wishing Well sculpture takes the cake.

The city pulled the interactive exhibit from its location in northeast Calgary after a woman's jacket was singed during interaction with it in 2014. Now, the \$559,000 sculpture that still sits ware-

Quoted

“Public art is meant to challenge, and that’s part of what art does.”

Coun. Brian Pincott, an avid supporter of the city's public art program.

housed garnered a Canadian Taxpayers Federation Teddy Award nomination for being a “waste of money.”

City officials say the highly criticized work still hasn't been paid for in full. The Wishing Well sat in front of its Genesis Centre location for over a year, and because it wasn't functioning properly, Teresa Byrne, culture superintendent with the City of Calgary, said the city never signed off on its completion.

"It's the artists' responsibility as part of our public art policy, they're responsible to fix the piece," Byrne said.



A photo of Wishing Well, the public art piece in front of the Genesis Wellness Centre. COURTESY LIVING LENSES

"At that time the sculpture had not been accepted into the City of Calgary collection, and will not be accepted until the resolution is found."

She added the city only doled out a portion — \$416,000 — and if the artists are unable to make the work safe for public display the city

will take their money back, according to the contract.

Every year, the Canadian Taxpayers Federation nominates a handful of government

types — public office holder, civil servant, department or agency — for a Teddy Waste award for overspending, mis-spending or any other combination of lack of accountability. And this year the City of Calgary was nominated for its artistic mishap: The Wish-ing Well.

Coun. Brian Pincott, an avid supporter of the public art program, said he never got to see the piece, but to call it a mistake isn't fair.

"People look to criticize — they can always find something to criticize," Pincott said. "Public art is meant to challenge, and that's part of what art does — now yeah, of course there are issues with this one installation ... Is it a mistake? No."

MISTAKE? NO.
The artists did try to repair the piece before it was moved off-site, and the city has not yet set a deadline for its repair.

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Crime. City renews \$676K for 11 prevention programs

Each dollar the city invests in teenagers like "Jeff" yields \$9.13 in "social return on investment," Leslie McMechan of the Calgary John Howard Society told city councillors Wednesday.

His was a "typical story" among the 104 teens the society served through its child and youth empowerment strategy last year, funded by an \$80,000 grant from the city's Crime Prevention Investment Plan (CPIP), McMechan said.

Jeff was referred to the program in early 2014 after getting suspended from school repeatedly for fighting and warned by police that the next brawl could lead to an assault charge.

He was homeless, had untreated health problems and

"his life was just spiralling out of control," McMechan said.

Through the program, however, Jeff was connected with a doctor, reconnected with his family, returned to school and, for the past six months, "has not had one involvement with police or emergency services," McMechan said.

"Investing in the diversion of children and youth from a life of crime today creates a safer tomorrow," she said.

Councillors gave the green light to renew \$70,000 in funding for the program in 2015, along with 10 other initiatives under CPIP, totalling \$676,000.

Among the grants was \$50,000 to HomeFront for its Domestic Conflict Response Team. Justin Flack of HomeFront said the team works with families experiencing "low-risk chronic, domestic conflict situations" before things escalate.

"If we're not to intervene, those families are more likely to end up going through the court system," which would come with a cost of about \$15,000 per instance, he said.

ROBSON FLETCHER/METRO

Quoted

"If we're not going to intervene, those families are more likely to end up going through the court system." Justin Flack of HomeFront

Slip-and-slide city

Splashpad-palooza.

Inflatable fun doubling as a fundraiser for Ronald McDonald House Charities and Canadian Cancer Society

The long-awaited slip-and-slide news is finally here.

A location for Calgary's first-ever Slide the City event has been chosen — and it's going to be a doozy.

Organizers of the event who are coming to Canada from Los Angeles hope to sell upward of 6,000 tickets and see as many people ride down a 300-metre slip-and-slide on an inflatable tube for up to eight straight hours.

But it's not just for fun.

Rachel Thomas, event director with Slide the City, said volunteer hours turn into donated funds for the Ronald McDonald House Charities and Canadian Cancer Society. Participants are also able to donate to the cause online.



The Calgary hill has a six per cent incline, so hold on to your cap as you slide down this watery slope. CONTRIBUTED

The giant slip-and-slide will be held on 10th St. N.W. on Aug. 1 and 2 next to Riley Park, a six per cent grade incline for the two-day long splashpad-palooza.

"It's the perfect storm," said Teresa Byrne, culture superintendent for the city.

She said the group picked an ideal location for the city's first go at this family-fun event. "It meets the needs to ensure that people who use it have a solid ride, as opposed to having a grade where they start to slow down."

Last year, rumours the

event was to be held in Calgary were quashed, but this year Thomas said the city is on track toward being the largest event in North America.

Registration opened in February. Tickets can be found on the Slide the City web page.

HELEN PIKE/METRO

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Youth and mentors with Up the Wall decorated the Beltline Youth Centre last year as one of the graffiti program's activities. FACEBOOK

Low numbers end teen graffiti project

Youth. Program offered 'legal alternatives' to graffiti subculture



ROBSON FLETCHER

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Up the Wall, a program launched last spring aimed at encouraging teenage graffiti vandals to use their artistic skills for good instead of crime, will cease operations due to a lack of participants, city councillors heard Wednesday.

Arpana Gajjar with the Boys and Girls Clubs of Calgary, which ran the program, said there simply weren't enough teens being referred to sustain it.

"The only referral source for youth coming into the program was the Calgary Police Service's joint graffiti investigative team," she told the city's community and protective services committee. "We were hav-

ing a difficult time filling our cohort."

Launched last May, the program was aimed at preventing teens charged with vandalism from "getting entrenched in the graffiti subculture" through twice-weekly sessions "opening them up to positive, legal alternatives" for expressing their artistic talents, Gajjar said.

In total, it served 15 teens with a 67 per cent "success rate," she added.

As part of a restorative justice component, Gajjar said one of the program participants admitted his role in a spree of vandalism in the Kensington area last June, and apologized for it.

Annie MacInnis, executive of the Kensington BRZ, said she came away from that process with an "understanding and commonality with the kids who are engaging in this."

Coun. Evan Woolley said he was sad to see Up the Wall, which received about \$66,000

City needs spaces

Coun. Evan Woolley also said the city needs more places for graffiti artists to do their work in a legal way.

- "The graffiti community has been dying for an ongoing graffiti space," he said. "There's so much opportunity for us — with not much more money than this — to create ongoing and perpetual space for kids to utilize in communities. We have lots and lots of walls in this city ... for kids to connect and gather and create art."

in city funding and was initially set to run as a two-year pilot project, come to an early end.

"I was really excited about this program," he said. "I'm disappointed to see it's not ongoing."

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Facebook post goes too far: MP

Reaction. Federal Conservative party uses West Edmonton Mall threat in a security pitch



**RYAN
TUMILTY**

ryan.tumilty@metronews.ca

One of the federal Conservative party's own MPs says the party's use of the terror threat against West Edmonton Mall in a partisan Facebook post steps over the line.

On Monday, the party posted an image from an Al-Shabaab video that suggested a terrorist attack on West Edmonton Mall. Underneath the image was an encouragement to sign a petition.

"Jihadi terrorists are threatening Canada — we need to give our police and security forces the tools they need to protect us from the threat of

Quoted

"It's not unusual for political parties to try to use tactics like this for political gain. I don't think it's surprising. I am not sure it's in good taste."

Robert Murray, vice-president of research with the Frontier Centre

terrorism," reads the post.

Edmonton-Centre Conservative MP Laurie Hawn doesn't think the post was appropriate.

"I would not have posted that if I were in charge," he said Wednesday.

Hawn said terrorist threats have to be dealt with in a nuanced way.

"We have to be careful not to underestimate — we have to treat the threat seriously — and we have to be careful not to

overreact," he said.

Thomas Lukaszuk, the Progressive Conservative MLA for Edmonton-Castle Downs, was more direct in his critique, saying he didn't appreciate the federal party using a threat against the city in a fundraising ploy.

"To actually put fear in people's mind and drive tourism down is just not cool and I won't stand for it," Lukaszuk said.

In an email, Conservative party spokesperson Cory Hann said they didn't intend to encourage people to avoid the mall, but the issue is real and has to be addressed.

Robert Murray, vice-president of research with the Frontier Centre, said the Conservatives are simply trying to play to their strengths in an election year.

"Part of their message has to be and will be that they have been very effective at protecting Canadians," he said.

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The Attic. Glam Slam honours 30th anniversary

Thirty years ago, Larry Smith opened a record store on Stephen Avenue that specialized in hard-to-find imports and cool rock 'n' roll, new wave and punk posters.

The Attic was a godsend for local fans of independent British bands, independent metal, industrial and punk acts and techno music.

It was also a place where someone looking for new sounds for the turntable or Walkman could discover the hottest radio-unfriendly bands or underground club tracks.

"My favourite memories from The Attic days were turning people onto music, and making a living at it," says Smith, who sold the store to an employee in 1993.

"People were almost afraid to come in because I always had great stuff and they could only afford so much."

Smith is commemorating the 30th anniversary of The Attic's opening with Glam Slam at The Nite Owl on Friday. The event features local rock luminaries belting out

Tickets

Tickets for Glam Slam are available for \$10 at Sloth Records and \$12 at the door.

classics by such glam rock legends as T-Rex, David Bowie, Freddie Mercury and Alice Cooper.

"The Attic is probably my biggest success in life in terms of financial gain and rewarding experiences," says Smith. It remained opened until 2001.

"It really was a Golden era for new music that only matches the '60s for awesomeness. We are still so much affected by bands like Sonic Youth, The Pixies, Metallica, NWA, New Order, Nirvana, The Cramps, The Ramones, the riot grrl movement et cetera.

"We introduced a lot of that to Calgary and always had them stocked when they were imports first. I'm very proud of that legacy."

LISA WILTON/METRO

Samantha Savage Smith. Calgary singer-songwriter describes greater comfort making current album



BACKSTAGE PASS
Lisa Wilton
calgary@metronews.ca

A few months ago Samantha Savage Smith listened to an album she recorded when she was 13 years old.

"I was like, 'Oh my God,'" says the Calgary singer and songwriter with a laugh.

"I was cringing." She's far less critical of her "proper" debut, Tough Cookie, released four years ago, but says she looks at it as she would an old photo-

graph of herself.

"I listen to it and think, 'Holy crap I've changed,'" says Smith, whose latest record, Fine Lines, came out in January.

"(Tough Cookie) is a record of a certain time and place. I'm not defined by that anymore. I'm still really proud of that album, but (Fine Lines) is what I sound like now."

While Tough Cookie received great reviews and plenty of notice on music blogs and in Canadian music media circles, Smith says her new album is a step forward in terms of songwriting and production.

She says she was more comfortable being in the studio this time around and made more producing decisions alongside bandmate Chris Dodge and producer Lorrie Matheson.

"When I did the first al-

Quoted

"This time around it was nice because I knew everyone and had worked with them for some time."

Samantha Savage Smith

bum, I didn't know anyone," she recalls.

"This time around it was nice because I knew everyone and had worked with them for some time now. It was less intimidating to be in studio and I had less insecurities.

"We also demo'd a lot of songs in our basement and fleshed them out before getting into the studio so I guess we were a little more prepared. I had more of a clear idea of what was going on."

Fine Lines builds on the charming folk pop of Smith's debut by adding more pronounced jangly guitar

parts for an overall buzzier, upbeat sound.

It's also a more focused album, which isn't surprising since Smith has become an increasingly confident and centred performer.

Smith and her band perform Thursday at The Nite Owl before heading out on the road, where they'll perform during JUNOfest in Hamilton, Ont. and then make a beeline for Austin, Texas to play a handful of showcases at the massive SXSW music festival.

"I avoided SXSW for so long because it seemed like such a big undertaking," she admits.



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Calgary singer Samantha Savage Smith plays The Nite Owl on Thursday ahead of showcasing at JUNOfest in Hamilton and the SXSW music festival in Austin, Texas later this month. CONTRIBUTED

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New charges for dog hoarder

A southern Alberta woman who was charged after several dogs were found dead on her property faces several new charges under the province's Animal Protection Act.

The Alberta SPCA has laid 13 charges against April Dawn Irving related to more than 200 dogs who were seized from her rural home near Milk River.

The new charges against Irving, who is 55, allege she either caused or allowed dogs to be in distress and failed to provide them with adequate care.

In January,

RCMP charged Irving with animal cruelty in the death of five dogs, who police said appeared to have died from starvation.

She is to appear in court

Friday on the RCMP charge. Irving recently said she has received death and torture threats because of the publicity surrounding the case.

The Alberta Rescue Crew Society, which helped seize some of the 200 dogs, called it one of the worst cases of neglect ever.

A society spokeswoman said the dogs were emaci-

Breeds

The animals are a mix of huskies, Irish wolfhounds, malemutes and Komondors.

ated, dehydrated and with badly matted fur. Some had broken bones, gaping wounds and parasites.

THE CANADIAN PRESS



Calgary-Varsity MLA Donna Kennedy-Glans is seen in this file photo on March 17, the day they were making. THE CANADIAN PRESS ARCHIVE

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Anti-Redford won't seek

Politics. Donna Kennedy-Glans tired of the 'penalty box' she's been in since speaking against then-premier Alison Redford

 JEREMY NOLAIS
jeremy.nola@metronews.ca

Nearly a full calendar year after taking a public stand against then-Premier Alison Redford, a Calgary MLA says she's still paying the price — and that's the very reason she won't be seeking another term.

On March 17, Donna Kennedy-Glans, representative for Calgary-Varsity, became the second MLA in a period of

just days to speak out against the ruling Tory party and its "culture of entitlement." She left to sit as an independent — two days later Redford resigned from the top job.

Kennedy-Glans has since rejoined the Conservative caucus under the guidance of Premier Jim Prentice, but her role still leaves much to be desired.

"I'm not chairing any committees and I'm not in cabinet ... I actually am well liked but I'm not doing anything in a leadership role outside of my own constituency," she said in a recent interview with Metro.

Kennedy-Glans added that she's discussed her decision with Prentice and made it clear she would do it all over again if she witnessed mismanagement within the party.

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day she announced she was leaving the Tory caucus over concerns about decisions

rebel MLA re-election

"I respect him enormously and I will support him whether I'm inside the government or not, but I'm not going to sign up for another four years of sitting in a penalty box," she said.

Kennedy-Glans was first elected to Calgary-Varsity in 2012 after working in several prominent oil and gas sector jobs. On Jan. 26, she made it official that she wouldn't run again, but the party has yet to select a replacement.

Redford has largely faded from the public spotlight since resigning but did issue a statement last month after the RCMP said it had concluded its investigation into the use of government planes under her watch and wouldn't be laying charges.

"I am grateful this is over now," Redford wrote at the time. "I was never concerned

about the outcome, as I had the benefit of knowing that my and my office's actions were above board."

Kennedy-Glans may have been higher ranking, but her criticism of the government was actually on the heels of a similar move by backbencher Len Webber, who said the premier was "just really not a nice lady."

Webber had already made clear at the time his intentions to run federally in the riding of Calgary-Confederation. Reached for an interview, Webber said his upcoming campaign is where his focus lies now, but said he had no regrets.

"I did what I had to do ... and the outcome was positive," he said. "We've got a good premier in now and the province is moving in a positive direction as I am as well."

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Defence

Upgrades to Cold Lake airbase

The federal government has announced \$45.7 million in improvements for a military airbase in northeast Alberta.

Defence Minister Julian Fantino made the announcement today at 4 Wing Cold Lake.

He says \$14 million dollars will go towards building a new health

services centre that will have medical, dental and physiotherapy.

Another \$15.8 million will also go to upgrading the existing airfield and resurfacing the runways.

The 50-year-old housing units will also get \$16 million for repairs to the exteriors and upgrading with longer lasting materials.

The projects are to be completed in 2017.

THE CANADIAN PRESS

Fort McMurray

Poisoned boy off ventilator

A child in hospital after being exposed to a pesticide his parents used to kill bedbugs has been taken off a ventilator and moved to a recovery room.

Family spokesman Taj Mohammed said the boy, Zain Hasan, is expected to be discharged from an Edmonton hospital later this month.

"It is good news," said Mohammed, the principal of Fort McMurray Islamic School, where Zain attends kindergarten.

"He is off of the ventilator. He is in the recovery section of the hospital and he will be two to three weeks before he is discharged."

Funerals for Zain's two-year-old brother, Zia, and eight-month-old sister, Zara, were held in Edmonton last week. THE CANADIAN PRESS

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Ontario town suing U.S. company for \$500M

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CANADA

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Parliament Hill. MPs to view Zehaf Bibeau's video

After weeks of speculation, members of Parliament will get a chance Friday to see the video Michael Zehaf Bibeau made last October before he killed a Canadian soldier and stormed Parliament Hill.

RCMP Commissioner Bob Paulson will use an open meeting of the House of Commons public-safety committee to provide a "detailed update" of the investigation into Zehaf Bibeau's deadly attack on Cpl. Nathan Cirillo, said a source familiar with

the matter.

The source, who wasn't authorized to discuss the issue publicly and therefore spoke on condition of anonymity, confirmed the video would be shown to the committee.

Pressure has been mounting on the RCMP — and the Conservative government — to release the video to give people a first-hand glimpse into Zehaf Bibeau's state of mind on the eve of his assault. **THE CANADIAN PRESS**

Human rights

Online Snowden Archive unveiled

Terrorism is "an extraordinarily rare natural disaster" and should not be used as an excuse to pass laws that limit our rights and freedoms, former U.S. National Security Agency (NSA) contractor Edward Snowden said Wednesday.

Snowden made the comments through video link at the Toronto unveiling of the

Snowden Archive — an online database of hundreds of classified U.S. government documents he leaked to the media in 2013. The archive is a joint project between Canadian Journalists for Free Expression and the Politics of Surveillance Project at the Faculty of Information at the University of Toronto. Asked to comment on Ottawa's anti-terrorism bill, Snowden said it was "an emulation of the American Patriot Act."

THE CANADIAN PRESS

Tory sentencing initiative a political move, critics say

Legislation. 'A life sentence in Canada will henceforth mean exactly that — a sentence for life,' said PM Harper

The Conservative government's latest tough-on-crime initiative to make life sentence a sentence for life without parole appears to be aimed at scoring political points rather than protecting the public, some critics and legal experts said Wednesday.

Prime Minister Stephen Harper told a Toronto crowd his government will introduce new legislation next week to ensure that what he called the country's "most dangerous violent offenders" will not be allowed back on the streets.

The new bill will "ensure that for the most heinous offenders and the most horrific crimes, a life sentence in Canada will henceforth mean exactly that — a sentence for



Prime Minister Stephen Harper ADRIAN WYLD/THE CANADIAN PRESS

life," Harper announced in front of a crowd that included families of murder victims.

The legislation would apply to those convicted of first-degree murder involving: the killing of police officers or correctional officers; terrorism; kidnapping or sexual assault;

and crimes "of a particularly brutal nature." It would also apply to those who commit

high treason, an offence that involves attempting to harm or kill the Queen, taking arms against Canada or helping an enemy at war with Canada.

While hesitant to judge the proposed changes until the bill is tabled, some critics and legal experts said the announcement raises several red flags.

"We already have a system that recognizes that the Paul

Bernardos and the Picktons of the world should never be released," Liberal Leader Justin Trudeau said in Vancouver.

"I think a lot of this is campaigning on fear, which (Harper) is extremely good at, but I think we can all agree that bad criminals should not be released and we have to make sure that we're getting that balance right," he said.

"Most dangerous killers are already denied parole and held for life," NDP justice critic Françoise Boivin said in a statement.

"Sentencing reform should be focused on improving public safety, not on scoring political points," she said.

Benjamin Berger, a criminal-law expert at York University's Osgoode Hall law school, said the announcement comes across as "political sleight of hand."

"As things currently stand, the community is protected by the individualized judgments of a parole board," he said.

THE CANADIAN PRESS



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Coal mine explosion kills at least 24 in eastern Ukraine

Donetsk. Rebels say accident caused by gas, not artillery fire

A rebel-held city scarred by months of conflict in eastern Ukraine suffered more tragedy Wednesday when a methane gas explosion in a coal mine killed at least 24 workers and left nine missing.

As rescue efforts stretched past sundown, separatist authorities were accused by Ukraine's government of failing to do enough to save the lives of the miners.

The blast occurred before dawn more than 1,000 metres underground at the Zasyadko mine in the city of Donetsk in the coal-rich Donbass region. Nearly a year of bitter fighting by pro-Moscow rebels and Ukrainian troops in the east has killed more than 6,000 people.

Rebel officials said the accident was caused by the ever-present danger of methane gas, rather than artillery fire.

There were contradictory accounts of the toll of dead and missing by the rival authorities. The rebel government that controls Donetsk



Ukrainian coal miners load the bodies of colleagues killed in Wednesday morning's explosion at the Zasyadko mine in Donetsk, Ukraine. THE ASSOCIATED PRESS

was slow to divulge information, while a senior official in the capital of Kyiv was swift to give a death toll of 32, only to retract it several hours later.

The blast occurred as 230 workers were in the mine, and nearly 200 of them were quickly evacuated, but uncertainty lingered through-

out the day about dozens of others.

Rebel officials insisted into the afternoon that only one person had died. But a slightly

wounded miner who gave his name only as Sergei told The Associated Press that he saw five bodies being pulled out.

THE ASSOCIATED PRESS

Korea

U.S. ambassador in stable condition after knife attack

U.S. Ambassador Mark Lippert was in stable condition after being slashed on the face and wrist by a man wielding a 10-inch knife and screaming that the rival Koreas should be unified, South Korean police and U.S. officials said Thursday.

Media images showed a stunned-looking Lippert staring at his blood-covered left hand and holding his right hand over a cut on the right side of his face, his pink tie splattered with blood.

The U.S. State Department condemned the attack, which happened at a performing arts centre in downtown Seoul as the ambassador was preparing for a lecture about prospects for peace on the divided Korean Peninsula, and said Lippert's injuries weren't life-threatening.

The U.S. Embassy said Lippert was in stable condition after surgery at a Seoul hospital.

YTN TV reported that the suspect — identified by police as 55-year-old Kim Ki-jong — screamed during the attack, "South and North Korea should be reunified."

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Tsarnaev carried out Boston bombing: Defence attorney

The question, for all practical purposes, is no longer whether Dzhokhar Tsarnaev took part in the Boston Marathon bombing. It's whether he should die for it.

In a startling opening statement at the nation's biggest terrorism trial in nearly 20 years, Tsarnaev's lawyer told a jury that the 21-year-old former college student committed the crime.

"It was him," said defence attorney Judy Clarke, one of the nation's foremost death-penalty specialists.

But in a strategy aimed at saving Tsarnaev from a death sentence, she argued that he had fallen under the malevolent influence of his now-dead older brother, Tamerlan.

"The evidence will not establish and we will not argue that Tamerlan put a gun to Dzhokhar's head or that he forced him to join in the plan," Clarke said, "but you will hear evidence about the kind of influence that this older brother had."

Three people were killed

and more than 260 hurt when two shrapnel-packed pressure-cooker bombs exploded near the finish line on April 15, 2013. Tsarnaev, then 19, was accused of carrying out the attacks with 26-year-old Tamerlan, who was killed in a shootout and getaway attempt days later.

Prosecutors contend the brothers — ethnic Chechens who arrived from Russia more than a decade ago — were driven by anger over U.S. wars in Muslim lands.

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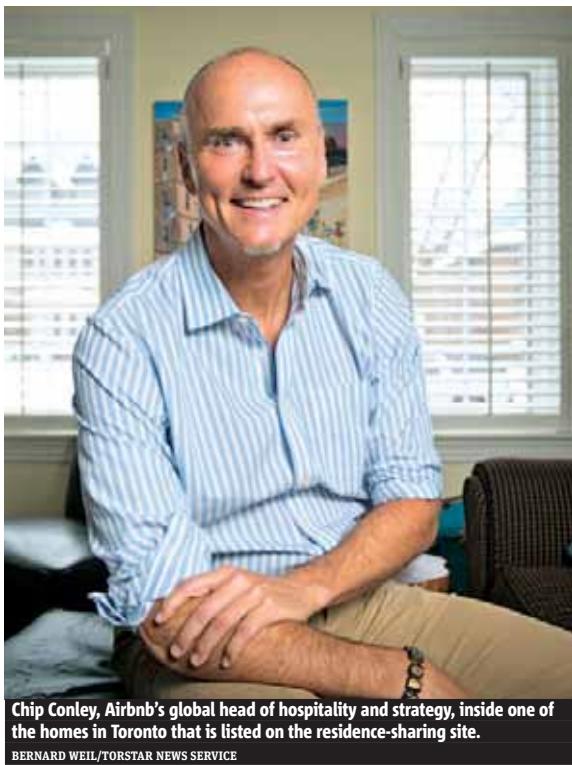
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Chip Conley, Airbnb's global head of hospitality and strategy, inside one of the homes in Toronto that is listed on the residence-sharing site.

BERNARD WEIL/TORSTAR NEWS SERVICE

Airbnb sees enough room, hotels don't

Sharing economy.

Airbnb has run into stiff opposition in some jurisdictions including New York

Chip Conley believes Airbnb, a fast-growing company that links homeowners with travellers seeking accommodation, is not in direct competition with traditional hotels.

"There is room for both of them," said Conley, who is head of global hospitality and strategy for Airbnb, during a visit to Toronto on Wednesday. Conley, 54, who joined Airbnb in 2013, says he understands both Airbnb and the hotel business. He was the founder of the Joie de Vivre boutique hotel chain and still owns 18 hotels in California and New York.

TORSTAR NEWS SERVICE

Airbnb origins

Airbnb started in an apartment in San Francisco in 2008, when Brian Chesky and Joe Gebbia, two recent design school graduates, offered up air mattresses for rent during a conference in the city. The concept has taken off — with more than one million listings now in 34,000 cities and 190 countries around the world.

"The issue is not about

either-or," he said. "This is an issue about paying and remitting commercial taxes the same as any other commercial enterprise."

A City of Toronto official says he has not received any complaints about Airbnb.

"At this time we are not considering regulating it," said Mark Sraga, the city's director of investigations, in an email. "Toronto's zoning bylaw does not restrict renting out rooms."

Conley insisted Airbnb is not evading taxes, noting Airbnb is paying occupancy or hotel taxes where required, including in cities such as Amsterdam, San Francisco and Chicago.

TORSTAR NEWS SERVICE

Banking

BoC stands pat on key interest rate

The Bank of Canada maintained its key interest rate at 0.75 per cent Wednesday as it credited global economic conditions and its January cut for helping weather the oil slump. The bank's sunnier outlook left analysts with the impression there won't be any other reductions soon. **THE CANADIAN PRESS**

RRSP

Fewer Canadians contributing: Poll

A survey from the Bank of Montreal, conducted in the final week before the March 2 deadline, found 57 per cent of Canadians had made an RRSP contribution for the 2014 tax year. That was down from 65 per cent for the 2013 tax year and 62 per cent the year before that.

THE CANADIAN PRESS

Market Minute



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McDonald's. Chain puts antibiotic and hormone-free fare on menu

Image

McDonald's says it plans to start using chicken raised without antibiotics commonly used in humans, and milk from cows that are not treated with an artificial growth hormone.

The company says the chicken change will take place within the next two years. It says suppliers will still be able to use a type of antibiotic called ionophores that keep chickens healthy

and aren't used in humans. The milk change will take place later this year.

McDonald's Corp. is struggling to transform its image amid intensifying competition from smaller rivals positioning themselves as more wholesome alternatives. It saw customer visits to U.S. stores decline two years in a row.

and aren't used in humans. The milk change will take place later this year.

Chipotle and Panera already say they serve chicken raised without antibiotics, but the announcement by McDonald's is notable because of its size; the company has more than 14,000 U.S. locations. Chipotle has nearly 1,800 locations, while Panera has almost 1,900 locations.

THE ASSOCIATED PRESS

Uber. Map specialist to be bought

Uber Technologies is buying digital mapping specialist deCarta in a deal that may help the rapidly growing ride-hailing service lessen its dependence on navigation services from Google and Apple, a pair of potential rivals.

Although deCarta isn't as well-known as Google Maps, its technology is extensively used by consumers. The OnStar system built into cars made by General Motors Co. relies on deCarta, as do smartphone makers Samsung Electronics and BlackBerry Inc.

THE ASSOCIATED PRESS

VOICES

BIGGER IS BETTER, BUT SMALLER IS CHEAPER

Micro condos are being hyped as the next great thing in urban living. But since when did living in a shoebox become the property-owning dream?



MELISSA DUNNE
readers@metronews.ca

In the comedy *Wanderlust*, Paul Rudd and Jennifer Aniston get sweet-talked into buying an, ahem, micro-loft in Manhattan. At the time (the halcyon days of 2012), I laughed and laughed. Oh, New Yorkers living in their tiny boxes in the sky.

I'm not laughing now. Flash forward to early 2015 and micro condos have become one of the only serious options for some city-dwelling Canadians, like myself. With the average price of detached homes in both Vancouver and Toronto soaring past the \$1-million mark, the dream of home ownership is now out of many average people's grasp.

Micro condos, realtor-speak for a condo unit that runs between 225 and 400 square feet, suddenly seem appealing. The spaces tend to attract investors looking to rent them out, rich people looking for a pied-à-terre, and not-so-rich people looking to finally get on the property ladder.

A few years ago I would have said I would never buy a micro condo. Now, I say, "Never say never." The Manhattanization of the city I call home means even the average price of a condo apartment in the 416 was an eye-watering \$369,655 last month, according to the Toronto Real Estate Board.



Murphy beds used to be almost synonymous with dingy flats. But thanks to the marketing of micro condos, space-saving features are being touted as the hip new way to do city living. PHOTO BY SPENCER PLATT/GETTY IMAGES

You can buy in for less if you're willing to downsize dramatically. Out in the Vancouver suburb of Surrey, a developer recently garnered media attention by reportedly offering units starting at \$93,900. The catch? The suites started at 316 square feet. Another project in the heart of Toronto got my attention with its clever features, like a dish-

washer in a drawer, to maximize space. The location is great and news reports say prices start at \$249,999 for 300 square feet.

Despite the smaller price tag, I do have some reservations.

In the ads for these minuscule units, condo living looks so hip and fun. But in reality the big banks are said to be wary of giving mortgages

for this unproven new trend. And the old rental apartment I currently share with my common-law partner is more than double the size of a micro condo. I worry we'd find living in a unit with a Murphy bed would seriously test our patience with each other.

So I, along with many other Millennials looking to buy their first place, am patiently waiting for the

Micro condos at a glance

- For many young, hip urbanites, the appeal of micro condos is that they are highly polished, modern spaces that come with innovative and trendy space-saving amenities.
- The concept of micro condos may be new to Canada, but in densely populated cities such as Paris, Tokyo and Hong Kong, they have been a way of life for generations.
- There are nearly 3,000 micro condo units under construction in Toronto that are slated to be completed this year.
- In Vancouver, city bylaws dictate that condo units can be no smaller than 398 square feet, but one development is proposing "nanosuites" that would measure 200 square feet.

real estate bubble to finally burst. If that doesn't happen soon, perhaps I'll end up like those New Yorkers I used to mock smugly, and buy my very own tiny box in the sky.

Melissa Dunne is a freelance writer based in Toronto.

Metro asked those in the know: What's your take on micro condos?

Realtor



The banks are not lending on these units, so right now we can't really tell if they are going to take off or not. Micros offer living space in the very good locations ... I've seen the average size of a condo come down significantly in the last 20 years, and I think this will become a trend that lasts. Once the banks gain confidence in micro condos, first-time buyers will see them as viable options. Don't forget, the banks were skeptical about lending on condos when they first made an appearance 50 years ago, and look at them now!

Sandra Rinomato, broker/owner of Sandra Rinomato Realty, a brokerage in Toronto.

Planner



The uptake of micro condos will be successful only in exceptionally strong markets — Vancouver, Toronto, San Francisco, Boston, N.Y.C., London. From a planner's perspective, if designed thoughtfully and close to local social life and shops, these are an affordable, funky option for 20-something singles and couples. Not so for most households with kids. Over time, the real estate market will decide whether these will hold their value.

Linda Allen, community planner and managing partner at CitySpaces in Vancouver.

Micro condo dweller



Absolutely I'd buy a micro condo. It works for my lifestyle right now. In many cases there will be many people transitioning to this lifestyle ... I don't have a car ... There are four coffee shops right outside my door that aren't Starbucks. Your neighbourhood becomes your living room ... Canada as a country will become more urbanized and we'll have to accommodate that. People will be living smaller. I think there definitely is a future in micro condos.

Samuel Baron has been renting a 248-square-foot micro suite in Vancouver for just over two years.

Researcher



Small units play a big role in today's condo market. For buyers and renters, they provide an option to save on costs. For investors, they offer above-average yields. For developers, they allow projects to easier achieve pre-construction sales, facilitating new development. Micro units certainly will be needed in the future to accommodate growth (in Toronto) and maintain affordability, but the next couple years may see a case of too much, too soon. Thousands of units under 500 square feet will be completed, while population growth for younger adults is starting slow. Adding to this is their difficulty in arranging mortgage financing."

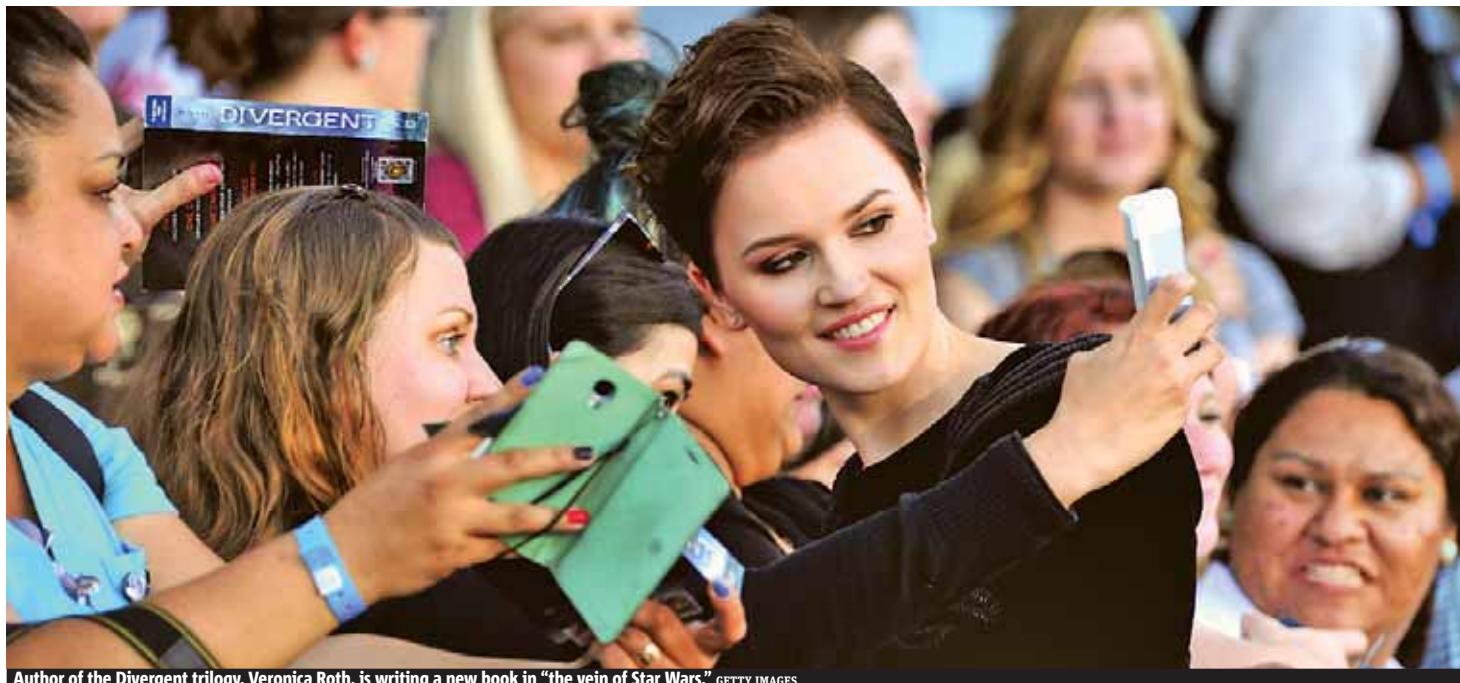
Shaun Hildebrand, senior vice president at condo research firm Urbanation.

Investment specialist



I doubt it's a passing fad. It's simply what people can afford. There is a huge market for tiny condos because many people cannot afford larger. This is Toronto's weird form of "affordable" housing. It's not likely to get any better. But it does have the effect of high turnover of those units because as people's household size increases (marriage, babies, etc.), they have a hard time staying there.

John Andrew, director of Queen's University's Executive Seminars on Corporate and Investment Real Estate in Kingston, Ont.



Author of the Divergent trilogy, Veronica Roth, is writing a new book in "the vein of Star Wars." GETTY IMAGES

2
SCENE

More from Roth on the way

Books. The author of the hugely successful Divergent trilogy is working on new series

Veronica Roth fans can start the countdown.

The Divergent author is set to write a new two-book series, HarperCollins Children's Books told The Associated Press. Currently, the books are untitled, with the first one expected in 2017 and the next in 2018.

Roth and her publisher offered few specifics, beyond saying the series is in the vein of Star Wars and will tell of a boy's "unlikely alliance" with an enemy.

"Both desperate to escape their oppressive lives, they help

each other attain what they most desire: for one, redemption, and the other, revenge," the publisher announced.

In a recent email to the AP, Roth wrote that the idea "started with a character. All the other elements — setting, world, even a substantial portion of the plot — came after." She added that while she had a "pretty detailed" outline for the new series, she was still in the early stages of writing.

"That's why I'm being so vague," she explained.

Divergent, along with Suzanne Collins' The Hunger Games and John Green's books helped perpetuate the strong growth of young adult novels.

When it was released last year, the first Divergent movie, quickly earned more than \$100 million at the box office.

Three more movies are planned, starting with the March 20 release of Insurgent.

A Chicago resident, the 26-year-old Roth was still in college when she began Divergent, writing it in her pyjamas while on winter break from Northwestern University. She is now one of the world's most popular authors.

"I think I'd have to be a robot not to occasionally worry about expectations!" she wrote to the AP. "But mostly I try to trust my instincts. It helps that I'm really in love with this project — that makes it a joy to work on."

"I've been really taking my time with it," she said of the new series. "I've written huge sections a certain way only to cut them and start again. I've stepped away for a while, to work on other things, and then



- **The book.** Divergent, a Dystopian trilogy, was completed in 2013 and sold more than 30-million copies.

- **The movie.** The first Divergent film, starring Shailene Woodley, came out a year ago.

come back when I have better perspective. I've been more patient with myself and with the story. I've expanded my collection of comfortable pants and snack foods. It's all working quite well so far."

THE ASSOCIATED PRESS

tion of comfortable pants and snack foods. It's all working quite well so far."

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The show that (almost) started with a bang

TV. Actors' near-collision pre-shooting reflects future clash of characters in Creek

RICHARD CROUSE
scene@metronews.ca

Josh Duhamel and Dean Winters had never met before starting work on the new police dramedy Battle Creek.

"I was actually driving onto the lot in Manhattan Beach for a fitting," says Winters, the actor known for his roles on Oz, 30 Rock and the Allstate Insurance commercials, "and I wasn't looking where I was going and lit-

erally, true story, almost ran Josh over. That was our first encounter."

Their jarring introduction could have been useful as they created their characters: a Battle Creek, Mich. cop and an FBI agent who butt heads on police procedure and everything else. But they decided not to be too method in their approach to

the work.

"To me, that is a sign of insecurity in people who don't know what they are doing," says Winters.

Instead the pair did on-the-job research to get under the skin of their characters.

Duhamel spent time with Battle Creek cops, doing ride-alongs with their undercover officers, drug enforcement

team and gang unit. "There is some real stuff happening in that town," he says. "Nobody would ever suspect, because it sits right in between Detroit and Chicago, but they get a lot of riff-raff fleeing either city and hiding out there. They get a lot of crime you wouldn't expect in what seems to be a very all-American town."

Winters says "the best part of the ride-alongs is actually listening to the cops talk. They have their own language, their own rhythms in the way they talk to one each other. It's really fascin-

ating. I don't think anyone has ever really captured it, to be honest with you."

"It truly is a whole different world. I really do think the relationship Josh and I have is pretty close, especially when we're driving down the street in the Suburban. A lot of those conversations are priceless. I think (Canadian series creator-writer) David Shore has a real ear for that."

On screen, the pair investigate a series of wild cases.

"The crimes we are investigating on the show you won't see anywhere else," says Duhamel.



Dean Winters and Josh Duhamel star in Battle Creek, which airs Sundays on Global. CBS HANDOUT

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Concert

Shania Twain to embark on first tour in 11 years — and possibly her last

Man! Shania Twain feels like one last big tour.

The Timmins, Ont., country star has announced a 48-date North American tour, her first such trek in 11 years. The 49-year-old will begin June 5 in Seattle before embarking upon a slew of Canadian dates, beginning with two shows at Vancouver's Rogers Arena June 7 and 9.

After that, Twain will wind through Edmonton, Saskatoon, Winnipeg, London, Ont., Hamilton, Toronto and Ottawa before wrapping in Montreal June 28.

From there, she'll whisk through the U.S. until wrapping up Aug. 23 in Fresno, Calif. The tour follows Twain's completion of a two-year residency at the plush Colosseum at Caesars Palace in Las Vegas.

"This is a celebration tour. It's party time!" Twain said in a release.

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Karrueche Tran dumped Chris Brown on Twitter after finding out he has a nine-month-old daughter. ALL PHOTOS: GETTY IMAGES

Brown's baby drama too much for girlfriend

Surprise! Embattled singer Chris Brown is a dad. TMZ reports that Brown is the father to a nine-month-old girl with a former model identified only as Nia. There's no sign of legal trouble between the parents, and sources say they're on good terms and not romantically linked. Since it doesn't involve an ambulance dispatch or a court filing, I'm honestly scratching my head as to how TMZ found out about this.

While Brown is said to be "happy about being a father," the same can't be said for his on-again, off-again girlfriend, Karrueche Tran, who took to Twitter to officially dump him following the

The business of baby names

Maybe for his next child, Chris Brown might want to consider the services of a company that helps parents come up with unique monikers, à la Blue Ivy and North West.

- A Swiss company called Erfolgswelle vows to create a brand-new first name — for US\$31,000.
- CEO and owner Marc

Hauser said the process works similar to trademark naming with around 100 hours devoted to its creation and research.

- "I think it's very difficult to create a really fitting name, a name that fits to your family's background, to your cultural background," Hauser said.

THE CANADIAN PRESS

news. "Listen. One can only take so much. The best of luck to Chris and his

family," she wrote.
"No baby drama for me."
Good thinking.

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Rogen's pot proclivities push Pascal's patience

Amy Pascal must seriously be losing patience with Seth Rogen at this point. After that whole business with *The Interview* and the hacking and her losing her job and all, he's now inadvertently making it impossible for Pascal to move into her new office on the Sony lot.

According to the

Hollywood Reporter, Pascal is set to make a home for her new Sony-financed production company in the offices previously occupied by Rogen and writing partner Evan Goldberg, only the lingering stench of marijuana is so strong, it has seeped into the flooring and is prompting a full paint job. Seriously, Seth, you've never heard of a vaporizer?



Gossip

NED EHRBAR

METRO'S TAKE ON THE WORLD OF CELEBRITIES



Hilton pleads guilty to assault



Conrad Hilton and Kathy Hilton in 2008 THE ASSOCIATED PRESS

Some trouble you can't just buy your way out of. Conrad Hilton — 21-year-old hotel-chain heir and younger brother of Paris — has agreed to plead guilty to an assault charge from his infamous tirade during a flight from London to L.A. last year, and he could be looking at up to six months in prison and a \$5,000 fine. Hilton's attorney, Robert Shapiro, said previously that Hilton's behaviour may have been "the effects of a sleeping pill" or some similar circumstance. According to an

FBI affidavit, Hilton acknowledged calling other passengers "peasants" and said he would have killed one flight attendant if another passenger had not calmed him during the 10-hour flight July 31. Hil-

ton ignored instructions to keep his seatbelt on and paced in the aisle as the aircraft took off. When told to sit, he launched into a series of tirades that had some children in tears. He threatened to kill several flight attendants and a co-pilot and get them fired, the affidavit said. "I could get you all fired in five minutes," Hilton said in one of the quotes that didn't include an expletive. WITH FILES FROM CP

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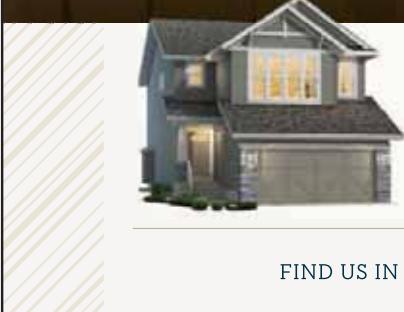


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A Bowie boom in fashion

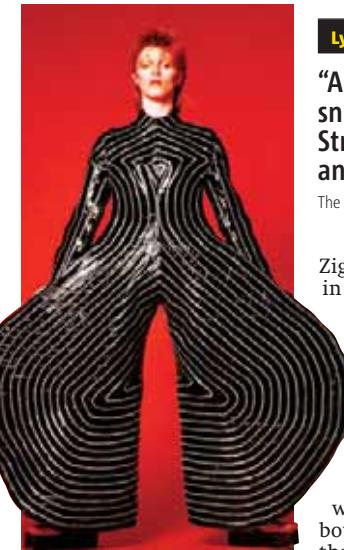
Style. The runways are awash with references to the flamboyant glam-rock inspired fashions of the 1970s

Designers in Paris, London, New York and Milan have been sampling some of David Bowie's most iconic genderless looks of late: from jumpsuits to Lurex, fantastically wide lapels, snazzy sequins, and mohawks.

Saint Laurent head designer Hedi Slimane, a long-standing Bowie fan, launched the trend seasons ago, and then last year Raf Simons kickstarted the Bowie revival when he unveiled his Spring 2015 Haute Couture collection for Christian Dior.



Gucci models channelled an androgynous, '70s pretty-boy look while sequined onesies were seen at Christian Dior. GETTY IMAGES AND AFP



The Dior runway was replete with all-over sequined onesies fit for



Lyrics

**"A small Jean Genie
snuck off to the city.
Strung out on lasers
and slash-back blazers."**

The Jean Genie as written by David Bowie

Ziggy Stardust and outfits in psychedelic prints that would be at home on any of Bowie's arty album sleeves.

At the Vivienne Westwood catwalk in London last month, models sported bright Bowie-style furry mohawks, while face paint was a key beauty look at both Westwood's show and that of British designer Gareth Pugh.

At Milan Fashion Week, Alessandro Michele channelled the androgynous '70s pretty-boy look as he sent male and female models down the catwalk for his debut F/W 15-16 collection for Gucci.

Selfridges of London is launching its in-store Agender project this month (launching online on March 12), which will feature unisex clothing, a gender-less window display, and art pieces that examine the concept of gender-neutral fashion.

This week, as the fourth and final leg of ready-to-wear week arrives in Paris, followers of the star's exuberant style (and those fortunate enough to be in France) have been able to enjoy a Bowie fashion fest off the catwalk at the David Bowie Is exhibition at the cool new Philharmonie de Paris music complex. AFP



Bowie-style mohawks and face paint were key runway beauty looks at recent fashion shows in London. IAN GAVAN/GETTY IMAGES



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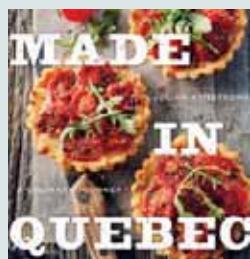
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GLOBE & MAIL

Cookbook of the Week

More to Quebec than Poutine



The culinary treasure that is Quebec isn't as celebrated as it should be, and Julian Armstrong is out to change that with her book *Made In Quebec*. Armstrong, a long-time food writer, has spent her career documenting the Quebecois food scene. The book is the result of those years and features stories of restaurateurs, farmers, artisanal cheese and bread makers, home cooks and more. Among recipes included in *Made In Quebec* are Spiced Pork Spread, Roasted Vegetable Quiche, Skirt Steak with Gorgonzola Sauce, Roast Beef with Gravy and Chocolate Cranberry Cookies. METRO

French methods with a Mexican soul

Dinner. Braised Lamb Shanks with Poblano Peppers and Pinto Beans combines two cultures

"Quebec French cuisine 'with a Latin accent' is the specialty of Montreal chef David Ferguson, Ontario-raised and a graduate of the Stratford Chefs School," writes Julian Armstrong in *Made In Quebec*.

"Faithful to French culinary techniques at his midtown bistro, Restaurant Gus, David also adds flavours learned on his cooking sojourns in Mexico and New Mexico."

This Braised Lamb Shanks with Poblano Peppers and Pinto Beans recipe perfectly embodies that philosophy.

1. Preheat the oven to 300 F (150 C).

2. Finely chop 1 of the onions. In a 4-quart (4 L) heavy, stovetop-safe casserole dish with a lid, heat 2 tablespoons (30 ml) of the oil

over medium-high heat and brown lamb on all sides. Remove to a plate. Reduce heat to medium and, in the same casserole dish, sauté carrot, chopped onion, garlic, and leek just until golden, about 5 minutes.

3. Add 1/2 cup (125 ml) of the cold water to the pan and scrape up any brown bits. Return lamb to the casserole dish and add 5 cups (1.25 ml) cold water or enough to cover. Add thyme and ancho pepper. Bring mixture to a boil, then cover, transfer to the oven and roast for 1 hour and 45 minutes, until lamb is tender.

4. Remove lamb to a plate. Season the cooking liquid with salt and pepper. Discard ancho pepper. Simmer cooking liquid until it is reduced to about 3 cups (750 ml).

5. Meanwhile, cut remaining onion in half vertically, then slice finely. In a heavy frying pan, heat remaining 1 tablespoon (15 ml) oil over medium-high heat and cook onion until caramelized.

Ingredients

- 2 large onions
- 3 tbsp (45 ml) olive oil
- 4 lamb shanks
- 1 medium carrot, peeled and sliced
- 4 cloves garlic, crushed
- 1 leek, white part only, chopped
- 5 1/2 cups (1.375 l) cold water
- 1 tbsp (15 ml) finely chopped fresh thyme or rosemary
- 1/2 ancho pepper, rehydrated
- Salt and freshly ground pepper
- 1 can (19 oz/540 ml) beans, preferably pinto or red kidney, drained and rinsed
- 4 Roma tomatoes, peeled and coarsely chopped, or 2 cups (500 ml) canned Italian tomatoes
- 1 poblano pepper, grilled, peeled, seeded, and cut in strips

6. Return lamb to casserole dish. Add beans, tomatoes, caramelized onion, and poblano pepper. Reheat mixture and serve on deep, warmed serving plates.

RECIPE FROM *MADE IN QUEBEC: A CULINARY JOURNEY BY JULIAN ARMSTRONG ©2014. PUBLISHED BY HARPERCOLLINS CANADA. ALL RIGHTS RESERVED.*



This recipe serves four. RYAN SZULC

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Make your small space look bigger

Feeling cramped in your small space and need to redecorate? Here are five small-space decorating tricks you can use to make your place seem larger



DESIGN
CENTRE
Karl Lohnes
home.metronews.ca



1. Keep colours and tones similar

Decorating with all light, all medium or all dark tones creates a visual flow that allows the eye to roam, giving the sense of a larger space. Keeping every element similar will make your space feel much larger. Note: this is the trick designers use to make those tiny model suites feel larger.

NEW FURNITURE, ELECTRONICS, HOUSEHOLD GOODS, & VEHICLE AUCTION: SATURDAY, MARCH 7TH, 2015 9AM

ELECTRONICS & MORE:

LG 52" LCD TV, 50" LG PLASMA TV, Q.SEE COLOR SECURITY SYSTEM W 16 CAMERAS, D-LINK WIRELESS NETWORK CAMERA, BEM WIRELESS SPEAKERS, LINK-SYS AC1200 WIRELESS ROUTER, SONY BLU-RAY/DVD PLAYER, SAMSUNG SOUNDBAR/AMP, BREVILLE SLOW COOKER, JAMCUBE SPEAKER SYSTEM, VERISIMO STARBUCKS INSTANT COFFEE SYSTEM, CUISINEART GRIDLIDER GOURMET, STAINLESS STEEL CROCKPOT, DURAFLAME ELECTRIC HEATER, CUISINEART COFFEE MAKER, MUSKOCA ELECTRIC FIREPLACE, GEORGE WASHBURN ELECTRIC & ACOUSTIC GUITARS, LEAP PAD CHILDREN'S TABLET, UNIDEN WIRELESS PHONE SYSTEM, CASIO ELECTRONIC CASH REGISTER, NINTENDO 3DS & DSi, SWAROVSKI DECORATIVE CRYSTAL & JEWELLERY, RAYBAN SUNGLASSES, BEATS BY DRE BEATBOX SPEAKER SPEAKER, MEN & WOMEN DESIGNER COLOGNE & PERFUME, FITBIT ACTIVITY TRACKER, LOGITECH KEYBOARD CASE FOR IPAD, GARMIN GPS SYSTEM, THE LATEST BLU-RAY & DVD MOVIES/TV, LATEST PS4/XBOXONE/XBOX360/WIIU/WII GAMES, NIKON COOLPIX P530 & AW120, NIKON D3200, RICOH XG-1, DESIGNER WATCHES FROM BRANDS SUCH AS MICHAEL KORS, BALOVA, CITIZEN, SKAGEN, INVICTA & MORE.

NEW FURNITURE:

DARK WOOD SHOWCASE CABINET, VARIOUS COLOR SHAG RUGS, DARK WOOD DINING TABLE W 6 FABRIC CHAIRS, GREY FABRIC SECTIONAL, BROWN WOOD MIRROR, JEWELLERY BOX, DARK WOOD STORAGE CABINET, GREY LEATHER RECLINING CHAIR, SAMSUNG DISHWASHER, VIENNA CHANDELIER, DARK WOOD CORNER CABINET W MIRROR, BLACK ENTERTAINMENT STAND, BLACK JEWELLERY BOX, DARK BROWN DINING TABLE W 6 LEATHER CHAIRS, SURPLUS OF ROLLING & STATIONARY OFFICE CHAIRS, SEALY POSTUREPEDIC KING MATTRESS, QUEEN PILLOWTOP MATTRESS, BROWN FABRIC SECTIONAL, BROWN TV STAND W MOUNT, LAMPS, DARK BROWN COFFEE TABLE SET, FILING CABINETS.

TOOLS/HOUSEHOLD ITEMS:

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2. Go vertical

Drapery panels, stacking art vertically on the walls, floor lamps, an étagère and even tall plants help to draw the eye upwards which is as important as guiding the eye around a room. Vittsjo Metal and Glass Étagère, \$50, Ikea.com



3. Add some sheen

Reflective surfaces like shiny countertops, stainless steel appliances, glass coffee tables and glossy paint will reflect light around the room. Dana Acrylic Writing Desk, \$2,000, Horchow.com

4. Allow one focal point per room

Best areas to zero in on: head of bed, bathroom mirror, television or console table in foyer. Have a boring living room? Try adding a double-duty fireplace/television stand as an attractive and useful focal point. Muskoka Durant Electric Media Mantel, \$930, Lowes.ca



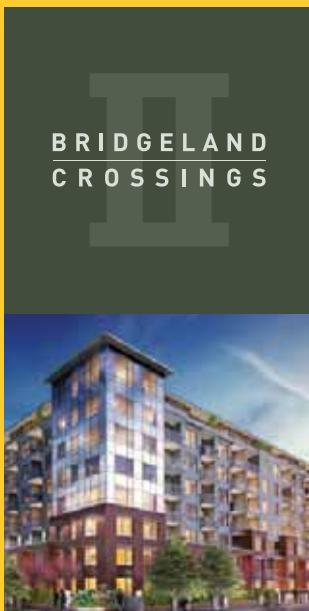
5. Furnishings should do double-duty

Any investment furniture piece should provide at least two services, like a console table that acts as a desk, an ottoman with storage space, or a comfy dining chair that can be used as additional seating. A bed with built-in drawers helps to eliminate the need for a dresser. Universal's Spencer Storage Bed, \$2,200, TheBay.com



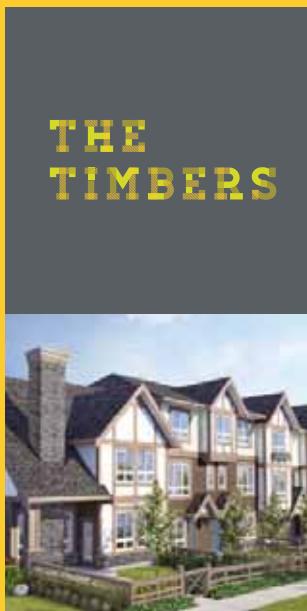
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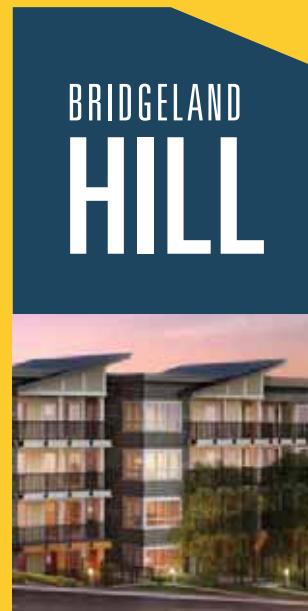
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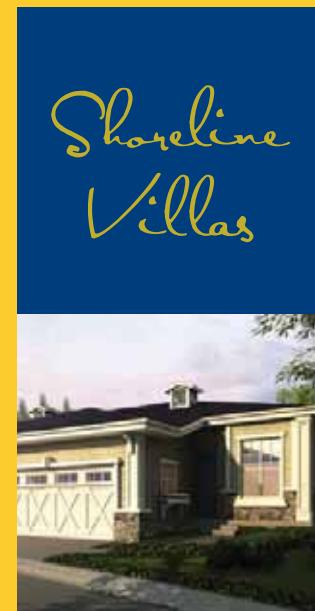
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Not-so-fun facts about the common cold

Achoo! Did you know there are more than 100 viruses that cause the pesky sickness?

JACQUELINE KOVACS
For Metro

Do you feel like that annoying cold just keeps coming back? It's more likely that you are just getting new ones. According to the Mayo Clinic, there are more than 100 viruses that cause the common cold — and any combination of the accompanying runny nose, watery eyes, sneezing, coughing, sore throat and congestion.

That's just one not-so-fun fact about the common cold and flu. Read on for more.

The most common

And the winner is — the rhinovirus! It's the most common strain of cold people catch. It's to blame for your nose running like a tap. And given how versatile this virus is, you can eas-

ily catch one after another.

So much for the man cold

Guys may gripe more about their nagging coughs and congestion, but, on average, women get more colds than men. It is thought that this is because women tend to have more contact with children — who are total virus magnets — than men do.

Talk about staying power

Flu viruses can linger for up to two days on non-porous, hard surfaces and a full 12 hours on soft ones. At human body temperature, flu viruses can stay infectious for about a week. At the freezing point, they can stay infectious for more than 30 days and, below freezing, they can last indefinitely.

Your sneeze is loaded

Sneezing into a tissue or your elbow is more than just good manners — it's a major preventative action. A sneeze leaves your body at about 90 miles per hour, bringing with it virus-laden droplets that can reach people within 30



Share statistics instead of the virus. A sneeze projects virus-laden droplets within a 30-foot radius, so sneeze into your elbow or a tissue. SHUTTERSTOCK

feet of you. And, yes, sneezing on someone is a very effective way of giving them your cold.

It's in the stars

Why do we call that annual scourge "influenza"? It comes

from the Italian word influenza. Back in the day, it seems people blamed the influence

of the moon, stars and planets for the flu's nasty and widespread influence.



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NFL

Peyton not ready to leave: Source

Hold that gold watch. Peyton Manning is taking one more shot at the silver trophy.

Weeks of speculation about the five-time MVP's future ended Wednesday with word that he's returning for an 18th season in the NFL and fourth in Denver.

A person with knowledge of the situation says Manning will take a \$4 million pay cut, from \$19 million to \$15 million, but that he can make it all back through performance incentives. The person spoke anonymously because there was no official announcement of the deal.

Manning, who is still scheduled to make \$19 million in 2016 in the final season of the five-year contract he signed in 2012, will take his physical and sign his revised contract Thursday.

THE ASSOCIATED PRESS

World Cup of Hockey

Sportsnet and TVA to broadcast tourney in Canada

Sportsnet and TVA are staying with the NHL to broadcast the 2016 World Cup of Hockey in Canada.

The NHL and NHL Players' Association on Wednesday announced that league partners Sportsnet and TVA were awarded Canadian media rights to the upcoming tournament, again beating out TSN and RDS. The 2016 World Cup of Hockey, a joint venture of the NHL and NHLPA, will take place Sept. 17 to Oct. 16 at Toronto's Air Canada Centre. THE CANADIAN PRESS

Still leaving a Mark on Norris discussion



THE HOCKEY NEWS
Brian Costello
calgary@metronews.ca

Some thoughts and reflections after an eventful trade deadline for the Calgary Flames:

• Just because Mark Giordano will play only 61 games this season doesn't take him out of the running for the Norris Trophy as top defenceman. Bobby Orr once won the Norris playing just 46 games in a 74-game season. No other defenceman in the NHL has been exceptional this season. If that continues through the final quarter, I predict the Professional Hockey Writers' Association will determine Giordano was pretty special in those 61 games and that's good enough for the award.

• GM Brad Treliving got a pretty good return from Washington on Curtis Glencross in the form of a second and third picks in a deep draft this year. For one, the Flames have to start making room for a fine crop of wingers coming up through the system. Moreover, Glencross had some solid years here. I wouldn't have wanted to see that legacy go south had he signed for five more years at \$20 or \$25 million, not lived up to the deal as he aged, then become a whipping boy for fans and media.

• A lot of people are to blame for Sven Baertschi not flourishing in Calgary, forcing a trade to Vancouver. Former GM Jay Feaster over-hyped



Flames captain Mark Giordano might be out for the season with a biceps injury, but it might be too soon to count him out of the Norris Trophy discussion for the NHL's best defenceman. BRUCE BENNETT/GETTY IMAGES

Analytics study

A new stat breakdown provided by the NHL is first and second assist. Defencemen generally dominate in second assists, whereas playmaking forwards are near the top in first assists. Here are Calgary's leaders.

• First assists

1. Johnny Gaudreau, 20

2. Jiri Hudler, 18
3. Mark Giordano, 17
4. Sean Monahan, 14
5. Joe Colborne, 12

• Second assists

1. Mark Giordano, 20
2. Dennis Wideman, 15
2. T.J. Brodie, 15
4. Jiri Hudler, 12
4. Kris Russell, 12

him, setting expectations too high, acting GM Brian Burke roasted him publicly in the media rather than taking him aside instead, and, of course, Baertschi himself for not handling the demotions well. In the big picture, I say

coach Bob Hartley owns this the most.

It might have worked out differently had he been as sensitive and understanding about the ups and downs of a young player the way he was with Sean Monahan, Johnny

Gaudreau and others. Let's hope Sam Bennett doesn't get the Baertschi treatment if there happens to be flaw in his game next training camp.

• Don't be surprised to see Treliving use his extra picks in the second and third round to try to move up in the June draft. It would make sense for Calgary to throw in a second and/or third round pick to move up 5-10 spots in the draft. No team selecting in the top three is likely to trade one of those prime selections, but perhaps a team with a major rebuild and needing multiple high-end prospects (see Toronto) would see merit in flipping their pick at six or seven or eight for a first and second-rounder from Calgary.

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4
SPORTS

Hard-to-beat Hammond earns Sens win

NHL. Rookie goalie's 35 saves help Ottawa shoot down Jets

Rookie goaltender Andrew Hammond made 35 saves and Kyle Turris had a goal and assist as the Ottawa Senators upset the Winnipeg Jets 3-1 Wednesday.

Bobby Ryan and Erik Con-

dra also found the back of the net for Ottawa (28-23-11), which was coming off a 3-2 shootout loss the night before in Minnesota. The Senators are now 6-0-1 in their last seven games and battling for a playoff spot. Their 67 points puts them four points out of a wild-card spot in the Eastern Conference.

Michael Frolik was the only Winnipeg player to beat Hammond early in the third period

after the Sens had mounted a 3-0 lead. Hammond, who is 6-0-1 since his first start Feb. 18, was starting his seventh straight game because Craig Anderson is still injured.

Michael Hutchinson got the nod for his fifth straight start for Winnipeg (32-21-12) but was replaced by Ondrej Pavelec in the second period after Condra's goal made it 3-0 Sens.

Hutchinson had stopped

14 of the 17 shots he faced. Pavelec only had to stop three shots in relief. Winnipeg defenceman Dustin Byfuglien also left the ice after Condra's goal and didn't return because of what the team called an upper-body injury. He appeared to be favouring his right arm during Condra's scoring play. The loss ended a four-game homestand for the Jets (2-1-1). **THE CANADIAN PRESS**



The Ottawa Senators' Bobby Ryan and Alex Chiasson celebrate Ryan's goal against the Winnipeg Jets. **THE CANADIAN PRESS**

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MLB

A-Rod back after drug suspension

Alex Rodriguez returned to the New York Yankees after an absence of more than 17 months, lining a single into short left field in his first at-bat and going 1 for 2 with a walk in a 3-1 spring-training loss to the Philadelphia Phillies on Wednesday.

He was greeted by a 10-second mix of boos and cheers from the crowd of 9,673 as he stepped into the batter's box for his first game following a one-year drug suspension.

THE ASSOCIATED PRESS

NBA

Allen to remain free agent for now

Ray Allen might return to the NBA — just not this season.

The league's all-time leading 3-point shooter who played for two NBA championship clubs announced Wednesday that he decided not to sign with any franchise for the remainder of this season, although he left the door open for a possible return in 2015-16. "I've ultimately decided that I will not play this NBA season," Allen said in a statement.

THE ASSOCIATED PRESS



Cavs power past Raptors

Raptors centre Jonas Valanciunas fouls the Cavaliers' LeBron James at the Air Canada Centre in Toronto on Wednesday night. James scored a game-high 29 points and added 14 assists in a 120-112 win for Cleveland. Valanciunas and Lou Williams led the Raptors with 26 points apiece. **FRANK GUNN/THE CANADIAN PRESS**

AUGMENTED REALITY

Stuck on 12 Across?
Scan this image with your
Metro News app for today's
crossword and Sudoku answers.
It's OK. No one's watching.



Horoscopes by Sally Brompton

♈ Aries

March 21 - April 20

Today's full moon suggests you won't be thinking straight, especially about matters related to your work and wellbeing. Don't take doubts too seriously.

♉ Taurus

April 21 - May 21

Chances are you will totally and utterly disagree with the advice you are given today. Maybe it is a load of nonsense — but what if it isn't?

♊ Gemini

May 22 - June 21

The planets warn you are expecting too much of yourself and must adjust your ambitions to a more practical level. Don't get uptight if a friend tells you something you don't want to hear.

♋ Cancer

June 22 - July 23

Don't waste precious time and energy on petty arguments today because you should be channeling everything you have got in productive directions.

♌ Leo

July 24 - Aug. 23

Today's full moon suggests you may have to cut back financially, most likely because you have bitten off more than you can chew.

♍ Virgo

Aug. 24 - Sept. 23

Stick with the facts today. The planets warn if you embellish the truth in any way, you will be found out.

♎ Libra

Sept. 24 - Oct. 23

Try not to provoke any arguments or showdowns today, because while the moon is full you are unlikely to be on the winning side.

♏ Scorpio

Oct. 24 - Nov. 22

Something you have always taken for granted will be held up to the light of the full moon and shown to be less substantial than you imagined.

♐ Sagittarius

Nov. 23 - Dec. 21

Listen to what others have to tell you today but don't think you are obliged to do what they suggest. You are advised to hold off making a major move while the moon is full.

♑ Capricorn

Dec. 22 - Jan. 20

You will find it hard to make up your mind as to what it you should be doing today. The planets indicate there is no need to rush.

♒ Aquarius

Jan. 21 - Feb. 19

You may have some amazing ideas running through your head at the moment but don't be too eager to do anything with them.

♓ Pisces

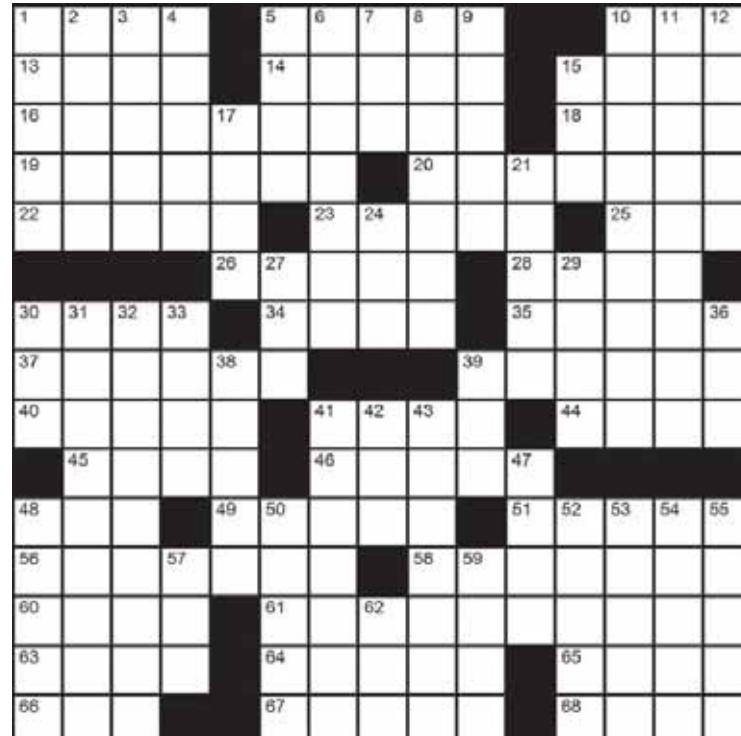
Feb. 20 - March 20

You have big plans, but have you thought them through properly? Today's full moon in your opposite sign suggests you may have missed something of importance.

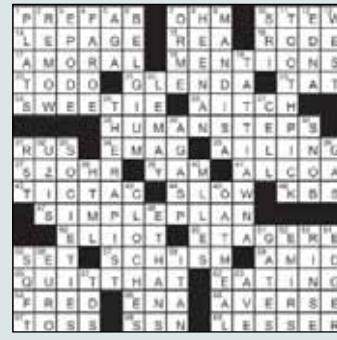
Crossword: Canada Across and Down by Kelly Ann Buchanan

Across

1. Spell-starting sound
5. Culinary figures
10. 'The Minister of Everything': Politician/businessman Mr. Howe, et al. (b.1886 - d.1960)
13. It's what's 'proper' in grammar class
14. "____en Rose" by Edith Piaf
15. Go to buy things
16. Kinross = Canadian ____ company
18. Enamored
19. Sporting taboo, ____ use
20. Pointer Sisters hit: "____ Dance"
22. Flung
23. Custom-____ homes
25. Brunch offering
26. Actor, __ William Scott
28. Footnote abbr.
30. Secretary's 'swift', shortly
34. Excited
35. More slack
37. Height measurement units
39. Non-laced running shoes fastener
40. Erin of "Happy Days"
41. "My Friend ____" ('50s sitcom)
44. Upcoming annual film/music/interactive festival in Austin, Texas
45. Exhausted
46. Mike of "Shrek the Third" (2007)
48. Egyptian cobra
49. Hiked, as prices
51. Jeweller's measurement, variably
53. Even less sincere
58. Mimic
60. Prince Charles' sport
61. Newfoundland body of water, __ Bay
63. Petals-not-pearls pieces
64. Tweety-like
65. Fails to be
66. Toronto-headquartered fashion company, __ Bella
67. (See #6-Down for more!)
68. Spelled-out marks
69. Uneasy feeling
70. County fair stall
71. Pencil case item
72. Canadian defence-man Mr. Benoit on the Buffalo Sabres
73. (Canada)
74. Old Rome's 152
75. Vegan __ (Main product by #67-Across)
76. Midianite royal
77. Caterpillar equipment dealer/support company based in Edmonton, __ (Canada)
78. Nada



Yesterday's Crossword



Online

See today's answers at
metronews.ca/answers



Conceptis Sudoku by Dave Green

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku

2	4	7	9	1	3	6	5	8
9	3	8	2	6	5	4	7	1
1	5	6	4	7	8	2	3	9
7	6	9	1	5	2	8	4	3
3	2	5	8	4	9	7	1	6
4	8	1	7	3	6	5	9	2
5	9	4	6	2	1	3	8	7
6	1	3	5	8	7	9	2	4
8	7	2	3	9	4	1	6	5

5	9	7	3	2	4
9					
8		5			9
7			4		1
2	6		1	7	4
1					
9					
3		9		6	
2	5	8	4	1	

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